

Helping coaches become better learners and coaches.

Coaches who understand themselves as “learners” can build self-awareness, and improve their coach approach and their business development, their understanding of the way they structure coaching sessions. Here are some of the outcomes our Experiential Learning process helps them achieve.

One coach recognized her preference for Reflecting. This supported her as she listened to coachees and asked probing questions. However, when it came to business development, it was a barrier. She was slow reach out or take risks to meet new prospects. It also made her slower to move her coachees to goal-directed action. By developing other modes of learning, she was **better able to meet her coaches** where they were and help them get where they wanted to be — and grow her business in the process.



**Enabling new
modes of learning.**

Coaches who use Experiential Learning and the Kolb Experiential Learning Profile empower their coachees with the **ideal process** of change, learning, and development to set the foundation for the coaching engagement, and to set the coachee up for success with independent self-directed learning and development. While addressing a specific challenge, they also make the process figural so that coachees can use it to address future challenges, too.




**Empowering lasting
development.**



**Making SMART goals
easier to achieve.**

Coaches who use 360° Feedback with coachees introduce the Kolb Experiential Learning Profile (KELP) to help coachees achieve the SMART goals identified in their personal development plans.

One coach realized that the connection she could achieve with her coachee was impacted because of the coachee’s entrenchment in a learning style approach. By **having the language** to address this difference, it became a life changing opportunity to address the coachee’s defining challenge.



**Strengthening
connections through
shared language.**

EXPERIENTIAL LEARNING IN ACTION

For Coaches

A coach's approach to "learning and living" impact the way they structure coaching sessions. One coach recognized that she did not focus on goal achievement as much as new awareness. By **understanding learning preferences**, she's now able to adjust to her coaching sessions to support her coachees where they are and challenge them to complete the learning process during a session.



**Improving
coaching sessions.**

Coaching healthcare professionals is especially challenging given the stresses and problems facing the industry today, as well as the demands on them as leaders, care givers, educators, lifelong learners and for many, administration. Coaches have found that the Kolb Experiential learning profile (KELP) helps health professionals gain life-changing insights into **how they learn, teach, care, and problem solve.**



**Helping healthcare
professionals
gain insight .**

Coaches report that understanding how they as health professionals tend to learn and adapt to new situations is an important first step. They are then able to use the model to build from their current strengths as they **develop more flexibility** and the capabilities associated with learning styles they may have underutilized. The learning cycle process can then guide and expand how they can even more effectively guide patients and others to learn, change and adapt.



**Helping health
professionals learn,
change and adapt**

**What are your imperatives and goals for moving forward?
Let's talk about how our Experiential Learning process
can help you get there.**

